

# The Explorers

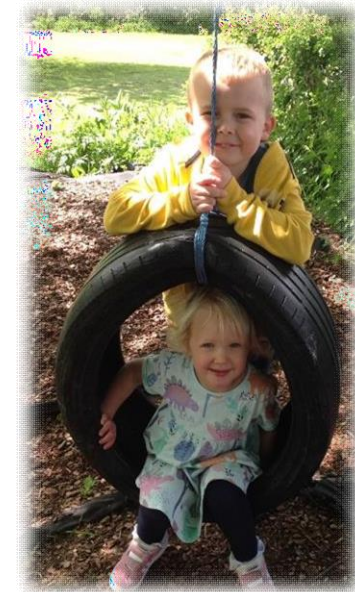
*"The widest classroom and the richest cupboard is roofed only by the sky."*

**Margaret McMillan**



At Heath Primary, we understand the value of exploring and learning in the outdoors and therefore, offer Forest School style lessons to all children in school. The Explorers encourages children to develop their communication and social skills, alongside developing resilience, independence and perseverance outside of the classroom environment.

Each week the children will engage in team building activities where they must work in pairs or groups to complete their tasks, through working together it will help support their self-esteem, boost their confidence and emotional well-being which can then be transferred back into school life. Praise and encouragement are in abundance from both peers and adults throughout each session.



The Explorers session lasts roughly around an hour and a half, and the children will spend the session in our newly designed outdoor area. The Explorers leader will explain the activities the group are going to engage in, including a safety talk. The children will engage in their group tasks, learning new skills. The session will end with reflection time, discussing what they liked and what they learnt from the experience

