

Respect, achieve, together

Play Policy

v. 2024

This policy was formally adopted by governors in June 2024 and will be reviewed every three years.

Date of next review: June 2027



Contents:

1. Commitment and rationale
2. Definition and aim of play
3. Rights
4. Benefit and risks
5. Supervision
6. Diversity, equity and inclusion
7. Environment

1 – Commitment and rationale

Commitment

Our school undertakes to refer to this play policy in all decisions that affect children's play. Our school is committed to providing the strategic and operational leadership needed to provide and maintain quality play provision for all of our children.

Rationale

Our school believes that all children need opportunities to play that allow them to explore, manipulate, experience and affect their environment. We believe play provision should be welcoming and accessible to every child, irrespective of gender, sexual orientation, economic or social circumstances, ethnic or cultural background or origin, or individual abilities. As a school we want the best of futures for our pupils, we want them to find out about, be inspired by and enjoy the world they live in. We want them to be citizens who care for others and for their world. We want them to know the value of sharing their time, their knowledge and their experiences to support others. We want them to have the confidence to recognise and grasp opportunities that they are given, and to develop an understanding that they can make a positive impact on the world in which they live.

The OPAL Primary Programme rationale is that "... better, more active and creative playtimes can mean happier and healthier children. Having happier, healthier, more active children usually results in a more positive attitude to learning in school, with more effective classroom lessons, less staff time spent resolving unnecessary behavioural problems, fewer playtime accidents, happier staff and a healthier attitude to life."

2- Definition and aim of play

Definition and value of play

Play is defined as a process that is intrinsically motivated, directed by the child and freely chosen by the child. Play has its own value and provides its own purpose. It may or may not involve equipment or other people. It may be serious or light hearted. It may produce something or it may be done simply for its own sake. It allows children an opportunity to be creative, to make decisions and to assess and manage risks.

At Heath Primary School, we recognise that play may need to make a noise, get dirty, make a mess and sometimes be out of the direct gaze of adults. We believe that the role of the adults is to support the play process.

We believe play has many benefits, including:

- Play is critical to children's health and wellbeing, and essential for their physical, emotional, social, spiritual and intellectual development.
- Play enables children to explore the physical and social environment, as well as different concepts and ideas.
- Play enhances children's self-esteem and their understanding of others through freely chosen social interactions, within peer groups, with individuals, and within groups of different ages, abilities, interests, genders, ethnicities and cultures.
- Play requires ongoing communication and negotiation skills, enabling children to develop a balance between their right to act freely and their responsibilities to others.
- Play enables children to experience a wide range of emotions and develop their ability to cope with these, including sadness and happiness, rejection and acceptance, frustration and achievement, boredom and fascination, fear and confidence.
- Play encourages self-confidence and the ability to make choices, problem solve and to be creative.
- Play maintains children's openness to learning, develops their capabilities and allows them to push the boundaries of what they can achieve.

Aims

In relation to play, our school aims to:

- Ensure play settings provide a varied, challenging and stimulating environment.
- Allow children to take risks and use a common-sense approach to the management of these risks and their benefits.

- Provide opportunities for children to develop their relationships with each other.
- Enable children to develop respect for their surroundings and each other.
- Aid children's physical, emotional, social, spiritual and intellectual development.
- Provide a range of environments that will encourage children to explore and play imaginatively.
- Provide a range of environments that will support children's learning across the curriculum and learning about the world around them.
- Promote independence and teamwork within children.
- Build emotional and physical resilience.
- Allow children the right to assess risk, get out and tidy away equipment
- Ensure adults respect these rights, providing inclusive opportunities for creative, exciting play, use of restorative script to resolve conflicts and to support children who have additional needs at playtime.

3- Rights

Our school recognises the UN Convention on the Rights of the Child, which includes the right to play, recreation and leisure (Article 31) and the right of children to be listened to on matters important to them (Article 12). We acknowledge that we have a duty to take these rights seriously and listen to children's views on their play.

4- Benefit and risk

'Play is great for children's wellbeing and development. When planning and providing play opportunities, the goal is not to eliminate risk, but to weigh up the risks and benefits. No child will learn about risk if they are wrapped in cotton wool.' Managing Risk in Play Provision: An Implementation Guide (Play Safety Forum, 2012). Heath Primary School will use the Health and Safety Executive guidance document Children's Play and Leisure – Promoting a Balanced Approach (September 2012), <https://www.hse.gov.uk/>, as the principal value statement informing its approach to managing risk in play (*Appendix 1*). In doing so, the school will adopt a risk-benefit approach as detailed in Managing Risk in Play Provision: An Implementation Guide (Play Safety Forum, 2012) (*Appendix 1*).

Risk-taking is an essential feature of play provision and of all environments in which children legitimately spend time at play. Play provision aims to offer children the chance to encounter acceptable risks as part of a stimulating, challenging and managed play environment. As outlined in the play sector publication 'Best Play', play provision should aim to 'manage the balance between the need to offer risk and the need to keep children and young people safe from harm'. In addition to standard risk-benefit assessments the school will practise dynamic risk management with children, encouraging them to identify and manage risks in an environment where adults are present to support them.

5- Supervision

Supervision

The law requires that children in school have supervision but for primary school playtimes there are no stated ratios. During the school day there should be one or more adults present outdoors. Heath Primary School has generous ratios of adults to children for playtimes and lunchtimes. We recognise OPAL's three models of supervision: Direct, Remote and Ranging. Except for new children in Reception, whose skills and orientation in the school environment need to be assessed, the school does not believe direct supervision is possible or beneficial. Supervisors will use ranging and remote supervision models, so that children can quickly find an adult and adults can move around the site to gain an awareness of the kinds of play and levels of risk likely to be emerging.

The adult's role in play

The school will help children maximise the benefits they can gain from play by the provision of trained staff who are informed by and work in accordance with the Playwork Principles (*Appendix 2*). Staff will use and refer to these principles when appropriate interventions are needed, and ultimately will strive for facilitating an environment that nurtures children's self-directed play.

The playworker's core function is to create an environment that will stimulate children's play and maximise their opportunities for a wide range of play experiences. A skilled and experienced playworker is capable of enriching the child's play experience both in terms of the design and resources of the physical environment and in terms of the attitudes and culture fostered within the play setting. Playworkers are a channel of access to new materials and tools and they can act as a stimulus to children to explore and learn. They are also available to participate in the play if invited. Examples of this are shared with staff, and parents through the website, to understand what this means in practice.

6- Diversity, equity and inclusion

Diversity, equity and inclusion

Our school is a safe place where our pupils, staff and visitors are valued, respected and can flourish in an environment where they can feel free to be themselves and to belong.

At Heath Primary School, our approach to equality is based on the following key principles:

- All learners are of equal value.
- We recognise and respect difference.
- We foster positive attitudes and relationships and a shared sense of cohesion and belonging.
- An understanding of equality and diversity is crucial to our staff recruitment and development.
- We aim to reduce and remove inequalities and barriers that already exist.
- We have the highest expectations of and aspirations for all of our children.

Through providing a rich play offer meeting every child's needs, we will ensure all children, regardless of age, gender, race, disability or other special needs, can develop and thrive, build strong relationships and enjoy school.

7- Environment

We believe that a rich play setting should ensure that all children have access to stimulating environments that are free from unacceptable or unnecessary risks and thereby offer children the opportunity to explore for themselves through their freely chosen play.

We will strive to continually improve the quality and diversity of our school's grounds to enhance play. We will use the document 'Best Play' to guide us on what a quality play environment should contain. www.freeplaynetwork.org.uk/pubs/bestplay.pdf
(Appendix 3)

We believe that a rich play setting supports safeguarding, adults in school believe that that the health, safety and happiness of our children is very important. Children learn how to recognise risks and dangers in different situations and how to protect themselves and stay safe. Our school will provide a safe environment for children to learn, play and grow! We believe that play is an important aspect of this. Play also helps children develop confidence in team building and advocating for their own rights, increases children's social and emotional capabilities and helps develop a love and enjoyment of the outdoors, which is a key foundation for caring for the environment.

Appendix 1:

*Link to Health and Safety Executive guidance document
Children's Play and Leisure – Promoting a Balanced Approach
(September 2012).*

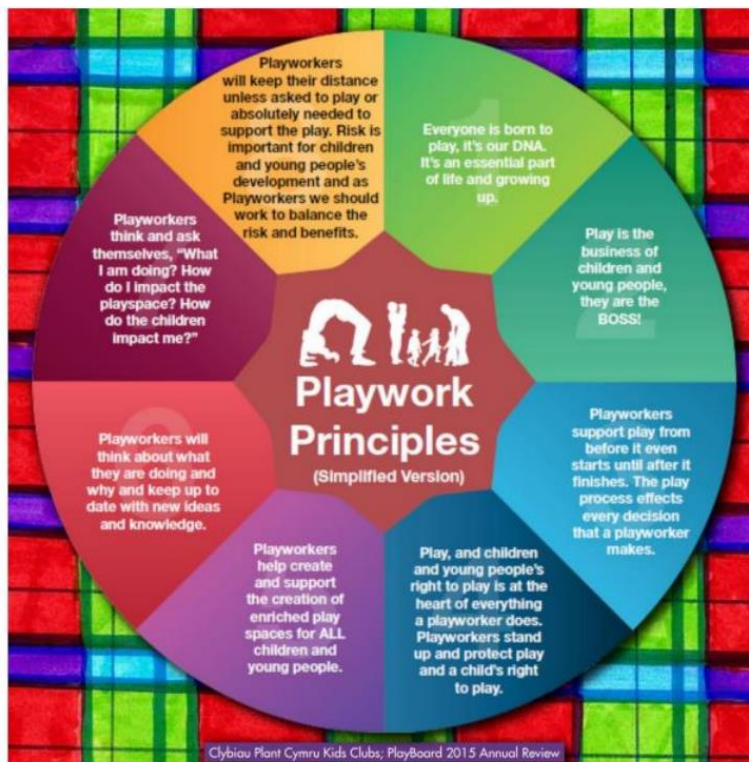
<https://www.hse.gov.uk/entertainment/assets/docs/childrens-play-july-2012.pdf>

*Link to Managing Risk in Play Provision: An Implementation
Guide (Play Safety Forum, 2012)*

<https://dera.ioe.ac.uk/id/eprint/8625/1/00942-2008DOM-EN.pdf>

Appendix 2:

Playwork Principles



Appendix 3:

'Best play' document

www.freeplaynetwork.org.uk/pubs/bestplay.pdf